

# HELLO!

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OFFICIAL ENGAGEMENT PHOTOS  
**WILLIAM AND KATE**  
INTIMATE PORTRAITS OF THE  
PRINCE AND HIS BRIDE-TO-BE

**'They are brimming  
with happiness'**

*Mario Testino*



**EXCLUSIVE**

**CELINE  
DION**

**INTRODUCES HER CHRISTMAS  
BLESSINGS, TWINS NELSON AND EDDY  
AT HER FLORIDA MANSION**



SPAIN CANARY ISLANDS CANTON PORTUGAL POLAND ITALY GREECE  
47508 1050 FRANCE JAPAN AUSTRALIA SINGAPORE  
NEW ZEALAND S. IS. INDIA CANADA MEX. USA S. AFRICA

## 'I've never had to train and do diets and I'm not going to start now'

asking if I'm sleeping well!" There's no sleep! And you can't just detach yourself from the rest of your life, from what's going on around you. Your kid goes to school, he needs to do homework, he needs to go to the dentist, he needs Mummy, and Mummy needs him. And then two babies come along and they need you a lot, and I'm trying to do it all. It goes so quickly and it's just amazing."

**Has the babies' feeding schedule let up at all since they were born?**

"No, it hasn't. And every time I detach my skin from them, they're like, 'Ehh, eh!' [Celine makes baby-complaining noises]. So I feel like just glueing them to me. Actually, today I tried something different. I thought, 'I have to go downstairs and eat, otherwise I'm gonna die.' But I couldn't put Nelson down anywhere - he just wanted to be with me. So I put on a baby carrier and put him in there and he fell asleep on my chest. Then I had one hand free to eat a piece of toast."

**Only mothers of newborns know the luxury of finding time to eat a piece of toast!**

"Can you imagine? But somehow you do it - your mothering instincts kick in and you do your best, but it's a lot, a lot, a lot. If I thought I was busy before, and if I thought I didn't have any sleep before... Oh, my goodness. It's a miracle that we don't die, with no sleep. Yet we raise our babies. I'm still in my pyjamas at lunchtime!"

**Do you breastfeed both babies at the same time?**

"I do both at the same time but, sometimes, when one has a hard time latching on and the other is sleeping, for example, I'll keep the one sleeping for a few more seconds or minutes and start with the other one. And if one is having a hard time because he's fussy and has a little wind or cramps, I'll have somebody walk around the house with the other baby while I calmly feed him."

**Nursing two babies together must be so difficult because you have no hands free.**

"Oouf! But if you don't have your two hands free, you can move your upper arms. And if you don't have your upper arms free, you can use your feet to grab things off the floor. It's amazing what you can do. And only women can do it!"

**All in all, is being the mother of twins crazier than you imagined it would be?**

"Definitely. I thought, 'Oh, if you have one, you can have two. You have one arm for one, another arm for the second one.' But it's not about the love and the time and the fatigue - forget it, it's going to pass so fast. But when they're like, 'Waah!' - Oh my God. And when you're breastfeeding, this is when the phone rings, when your husband wants you, when your kid cries, 'I want my mum to do my homework with me!' Everything is happening at once."

**Your sisters Linda and Manon are helping you, and your mother stayed with you at the beginning...**

"Yes, she was in the delivery room and experienced the beginning of the miracle. Then she left a couple of weeks after, and she's coming back today."

**How is she with the babies?**

"She's amazing. She's the babies' bodyguard. She sits in the rocking chair near them and when we approach she tells us, 'They're sleeping, it's okay.' And when one of them is crying, she's like, 'I'll take him, you go rest.' I'm like, 'But I want my baby!' I'm so lucky to have them helping. I always knew that family is great, but it's so precious to have them when you need them most."

**You must have even more respect for your mother now, knowing what she went through giving birth to 14 children.**

"Yes. That's crazy. That's not normal. And she delivered all the babies at home until her 12th!"

**Take us back to the delivery. You were on bed rest at the hospital for almost two weeks before the twins were born.**

"I was in hospital for ten days, looking at the wall. I was going crazy because I felt like I was ▶



Back on fighting form just seven weeks after giving birth, Celine insists she's in no hurry to shed her remaining baby weight. "My kids are helping me lose my weight naturally because I'm breastfeeding. I will always find a dress that suits my belly or breasts or whatever..."