

FOR THE ASIAN WOMAN WHO WANTS MORE

ASIANANA

WINTER 2003 £4.50

237

STYLE IDEAS

ASIAN ATKINS DIET

Shape up for 2004

HOT TOPIC

Would you ever date a black man?



STARRING

PREEYA KALIDAS

SOPHIYA HAQUE

**SHIVANI
KAPUR**

**SIMONE
BIENNE**

**NINA
WADIA**

**NAVDIP
DHARIWAL**

**HANIF
KUREISHI**

**BOYS FROM
EASTENDERS**

PLUS:

Express beauty

Real lives

Celeb opinions

Relationships

Health & fitness

RELAX

ASIAN
FASHION
HAS NEVER
BEEN SO
COOL



BOMBAY



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ST  **RES**